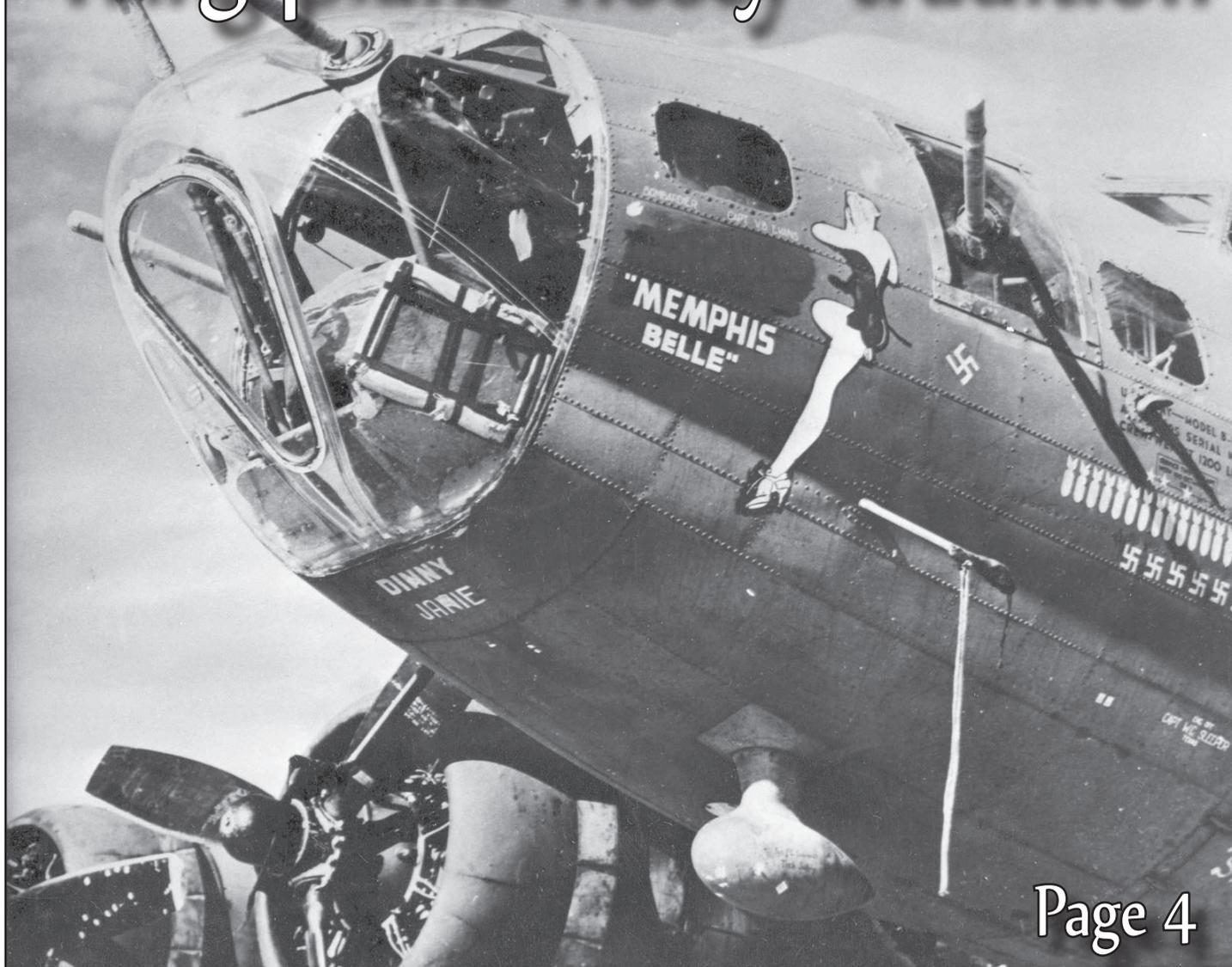


# SCOPE

193rd Special Operations Wing - Pennsylvania Air National Guard - Middletown, Pa.

## Wing plans 'nosey' tradition



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Guarding our greatest resource

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**SCOPE**

Brig. Gen. Gerald E. Otterbein  
Commander

Maj. Amy Crossley  
Wing Executive Officer

Capt. Jay Ostrich  
Chief of Public Affairs

Senior Master Sgt. Dave Hawkins  
Public Affairs Superintendent

**SCOPE Staff**

Tech. Sgt. Erin Heiser

Tech. Sgt. Culeen Shaffer

Tech. Sgt. Mariko Bender

Staff Sgt. Susan Penning

Senior Airman Claire Behney

**THE VOICE OF THE  
QUIET PROFESSIONALS**

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193rd Public Affairs  
81 Constellation Court  
Middletown, PA 17057

**ON THE COVER**

*The Boeing B-17F-10-BO "Memphis Belle" nose art is one of the most famous nose art images from World War II. Nose art during this time period is considered by many to be the golden age of the genre. (U.S. Air Force photo.)*



*By Chief Master Sgt. Victor H. Guerra*

State Command Chief

Last month at Joint Force Headquarters, we received a briefing on suicide related incidents across the PA National Guard this calendar year to date; it wasn't good.

As of last month, there were a total of 51 reported suicide related incidents, and that number continues to grow. The majority of those reported incidents, 32, were suicide ideations or thoughts. Those were just the ones that were reported; I'm sure the actual number is much higher than that, as I know there are times when we all feel/have felt helpless, hopeless, overwhelmed or even worthless.

The lower numbers are even more concerning. So far this year, there were 16 reported suicide attempts and three actual suicides. These are Pennsylvania Guardsmen, our greatest resource, and we must guard against any of these numbers getting any higher.

As you can see, suicide prevention is an area we all need to continue to focus on. It's important to understand some of the warning signs of high risk suicidal behavior. Talking about wanting to kill oneself; making statements such as "You'd be better off without me" or "It'd be okay if I didn't wake up some day;" withdrawal from everyday life activities; being disconnected from family, friends and peers; are a few of the warning signs. High risk

## State Command Chief Perspective

situations include relationship difficulties, financial problems and/or legal disputes. Alcohol or substance abuse can make a bad situation even worse.

If you suspect someone might be contemplating suicide, remember ACE. ACE stands for Ask, Care and Escort. Ask – talk with the individual. It's okay to ask them specifically, "Are you thinking about killing yourself?" It may be difficult or feel uncomfortable to do, but it's critical to ask. Care – intervene, calmly control the situation, actively listen and remove any means to do self injury. Escort – get them to a chaplain, primary care provider or other healthcare professional immediately. If the person refuses, call 9-1-1.

A few resources that can be used in preventing suicide include the following: Wingman Project – [www.WingmanProject.org](http://www.WingmanProject.org). This web site even has a mobile application or app for your iPhone or Android smartphone that can be downloaded completely free of charge right from the site. The app was designed to help educate users on how to properly help a friend or family member while connecting them with useful suicide intervention resources. Military One Source – 800-342-9647 – [www.MilitaryOneSource.com](http://www.MilitaryOneSource.com); National Suicide Prevention Lifeline – 800-273-8255; Suicide Prevention Resource Center – [www.sprc.org](http://www.sprc.org). One other resource on this and various other subjects is the Air National Guard Family Guide which can be found at [www.ang.af.mil/shared/media/document/afd-111128-048.pdf](http://www.ang.af.mil/shared/media/document/afd-111128-048.pdf). And don't forget your Wing Director of Psychological Health.

In situations such as this, it's best to err on the side of caution. The worst that could happen is you face a bit of embarrassment. The best is that you save a life. Guarding our greatest resource is everyone's duty as a good Wingman or a good Battle Buddy.

*Have a story to tell or a job vacancy? Contact the Public Affairs Office and share the news! Scope advertising works for you to get the word out!*

*\*All submissions must be received*

*by the Sunday of the UTA prior to the desired run date*




## Promotions

### Promotion to Senior Master Sergeant

Daniel D. Wehr                      193 SOLRS

### Promotion to Master Sergeant

Michael A. Link                      193 SOW

### Promoted to Technical Sergeant

Thomas S. Buonocore              193 SOMXS

Jeffrey N. Boehmer                193 SOS

Kate B. Jackson                    193 SOFSS

### Promoted to Senior Airman

William E. Mohn                    193 SOLRS

Alexander K. Miller                193 SOMXS

Kristopher C. Bratcher            193 SOS

Logan S. Sczerba                  211 EIS

Paul G. Hyne                        201 RHS

### Promoted to Airman

Michael J. Kaiser                  271 CBCS



## News In Brief

### *GOV travel card replaces CSA*

Due to several significant challenges with the Control Spending Account credit card program, the Defense Travel System has made the transition back to the Government Travel Card.

The switch officially took place in mid-August. For servicemembers who previously had a GTC, the transition should be seamless; for those who have never had a GTC, a new application and credit check is required.

Split disbursement is a key difference between the two programs. Unlike the CSA, in which all funds were sent to the card, with the GTC the member must elect what amount goes to the card by obtaining the current balance and annotating that as their split amount for distribution.

To support the split-disbursement requirement, DTS will automatically split disburse airline, hotel and rental vehicle costs, as well as other miscellaneous expenses identified by the traveler that were charged to the GTC.

Because this is a credit card, Airmen are reminded that any balances remaining on the card after the voucher pays must be paid off immediately because delinquent payments will affect their personal credit.

For more information, contact your unit-level account program coordinator or visit the Defense Travel Web site at <http://www.defensetravel.dod.mil/site/govtravelcard.cfm>.

### *Guard members serving 'admirably' during Hurricane Isaac*

WASHINGTON - As remnants of Hurricane Isaac bound northward into the Mississippi River valley, National Guard members continue to provide critical support to local emergency officials and citizens throughout the Gulf states, Pentagon Press Secretary George Little said in a briefing.

"Even through the storm has moved up from the Gulf, there's still work to be done," Little said. "There are still more than 3,600 National Guard personnel on duty in Louisiana, Mississippi and Alabama."

Little said Louisiana and Mississippi Guard members are "serving admirably during the storm," and have already rescued or evacuated more than 3,400 citizens during search and rescue operations.

In addition to delivering pallets of generators, water and supplies to key facilities throughout the state, Guard members have also set up distribution sites to provide food, water and ice, Little said.

Military aircraft evacuated from Naval Air Station Pensacola, Fla., Tyndall Air Force Base, Fla., Duke Field, Fla., Eglin Air Force Base, Fla., and Keesler Air Force Base, Miss., have returned to base or are in the process of returning to base, Little added.

# 193rd turns up nose for tradition

Story by Tech. Sgt. Erin Heiser

Public Affairs Specialist

In his book, "Fighting Colors: The Creation of Military Aircraft Nose Art," Gary Valasco reflects on the early days of flight, when military pilots personalized their aircraft with artistic creations, giving each plane a unique identity and providing aircrews with an overwhelming sense of pride in their war bird. These creations were believed to have given uniformed men something else to think about as they headed off into battle, one from which they might never return.

According to Wikipedia and several other online sites dedicated to the tradition of nose art, what began as a practical means of identifying friendly units, evolved into a practice of expressing the individuality often constrained by the uniformity of the military, to evoke memories of home and peacetime life, and as a kind of psychological protection against the stresses of war and the probability of death. The appeal, in part, came from using unofficial and unapproved nose art, even though consequences for the regulations against doing so were rarely enforced.

In the article, What's the Deal With Art on Airplanes, Chance Ambrose explains that "the practice of painting customized artwork on fighting aircraft originated with Italian and German

pilots. The first recorded piece of nose art was a sea monster painted on the nose of an Italian flying boat in 1913. This was followed by the popular practice of painting mouths underneath the propeller spinner, initiated by German pilots in World War I." Other well known symbols include the cavallino rampante

(prancing horse) of the Italian ace Francesco Baracca, as well as the red-painted aircraft of Manfred von Richthofen. However, nose art of this era was often designed and painted by the aircraft ground crews, not by the pilots."

While World War I nose art was usually embellished or extravagant squadron insignia, true nose art appeared during World War II, which is considered by many observers to be the 'golden age of the genre,' with both Axis and Allied pilots taking part.

The use of nose art underwent a revival during Operation Desert Storm and has become more common since Operation Enduring Freedom and Operation Iraqi Freedom began. Today, while many crews are taking part in this long-standing tradition by creating new, mission-detailed artwork to decorate their aircraft, the 193rd has invited all its members to join in on the fun and let their inner artist flow.

In a recent Wing-wide nose art contest, Brig. Gen. Jerry Otterbein, 193rd SOW commander, offered members an opportunity to submit nose art illustrations in hopes of landing on the face or



## Winning nose art preview



Winning submissions were selected by the respective group commanders and approved by the wing commander. Artwork for the 7th aircraft (at large) was selected by Maj. Gen. Sischo, Adjutant General, PaANG. The "Let's Roll" nose art will be repainted along with the other six nose art images. The winners for the 2012 nose art competition are (from left to right):

Medical Group: Master Sgt. Belinda Defoor

Operations Group: Samuel P. Guertin (son of Lt. Col. Samuel G. Guertin)

Mission Support Group: Capt. Benton Jackson

Regional Support Group: Capt. Cynthia Chagnon; Senior Master Sgt. Cameron Bailey

"Let's Roll" (7th aircraft, at large)

Maintenance Group: Staff Sgt. Alan Wilson

Individual winner (inset): Tech. Sgt. Dawn Hoffman





## Nose art winners announced *continued from page 4*

fuselage of one of our seven Wing aircraft. The Wing received an overwhelming response, as several members submitted creative, mission-oriented artwork that will soon be seen on flight lines all around the world, as plans are currently underway to get the planes painted with the winning submissions.

“Nose art is a way to enhance morale,” said General Otterbein. “[It] highlights individual creative talent and gives all Wing personnel a way to connect with the aircraft and the flying mission.”

And the winning submissions are helping to do just that.

In all, seven illustrations were selected for display on Wing aircraft, with painting expected to occur sometime within the

upcoming fiscal year. Though the final details for project completion aren't yet available, the process is underway and the excitement and anticipation is starting to build.

“[Nose art] is a visible display of group pride,” said General Otterbein, “...and a reminder to everyone that the 193rd SOW is a large, diverse organization with many different missions.”

Over the years, nose art has come to serve as an historical and cultural icon of days gone by, inspired by everything from magazines and cars, to girlfriends and matchbook covers. Today, the 193rd carries on with the tradition of nose art with images inspired by the spirit of our mission and the pride of our people.

## ORI preparedness top priority



*Staff Sgt. Ryan Brenneman (front) and Senior Airman Juan Melendez, 193rd Special Operations Wing Fire Department, respond to a simulated structural fire on base during a July exercise designed to prepare the Airmen for the Wing's upcoming operational readiness inspection. (Photos by Staff Sgt. Susan Penning.)*



# Facebook: avoiding scammers

Story by Linda McCarthy, Keith Watson and Denise Weldon-Siviy

"It's human nature to avoid dangerous situations. See a piano falling from the roof? You're going to automatically move out of the way. See a scam email, you are going to delete it and report it as spam.

On Facebook, identifying scams is trickier since messages appear to be coming from people you know and trust. So how do you spot a scam on Facebook? Let's begin with a bit of context.

Online Scams tend to be moving targets. In the beginning, the obvious scams were email attachments from people you didn't know. Then it was "security alerts" from banks or credit cards. Today, it can also be a status update from a friend asking you to watch a new video or visit an "awesome" website.

Scammers hit Facebook for the same reason they target the rest of the Internet. They want access to your information, or your computer or the money in your pocket. And sometimes they want to trick you into downloading malicious software to your computer. The trick is to recognize the phishers, lurking account thieves and malware pushers.

Phishers steal personal information, often the data needed for identity theft and fraud. Phishing is an attempt to trick users into revealing personal information or financial data. You've already seen



phishing scams in your email. On Facebook, phishers can try to scam from multiple places—in status postings on your profile, in Facebook messages and in Facebook chat. They can even send you regular email pretending to be Facebook or a popular App like Farmville or Mafia Wars.

Account thieves try to trick you into logging into a fake Facebook screen in order to steal your Facebook login and password. This is why you should always check the address in your browser bar to make sure you are on Facebook and not some other unrelated site.

Why would anyone want your Facebook account? They hope to access other accounts using your password. They might want to sell your information or to scam your Friends. People are far more likely to fall for a scam when it comes from someone they trust, like a Friend.

Malware pushers want to install destructive software on your computer. That malicious software, called malware, is designed to harm your computer or steal personal information. That malware might do a number of nasty things. It could install spyware to log your keystrokes and collect financial account numbers and passwords. Or even lock up your computer unless you pay a ransom.

How do malware pushers target Facebook users? You'll be presented with an offer to download and install new software on your computer. It might be a new game, a digital photo organizer, a digital music player or any other useful piece of software. Before you download and "free" software, always ask yourself who made it and why it might be free. If it feels a bit dicey, don't download it. You are the first line of defense against malware. Think before you click!

## Panetta: Mental health order serves those who serve

WASHINGTON - In response to recent criticism of how the services treat the mental health needs of the men and women returning home from Iraq and Afghanistan, Defense Secretary Leon Panetta released the following statement in support of the recently signed Mental Health Executive Order

*I want to thank President Obama for his leadership in ensuring that America's service members, military families and veterans receive the best possible mental health care and support. Today's executive order will help the Department of Defense team with the Department of Veterans Affairs and the Department of Health and Human Services in a whole-of-government effort to improve care for those who have shouldered the burden of defending this country.*

*As a new generation of American veterans comes home from a decade of war, we are determined to meet the President's challenge to expand the quality and availability of mental health services for them. As part of this effort, we are transforming our health care system to better meet the needs of those returning from war, including those battling unseen*

*wounds and mental stress. We are also encouraging service members to seek help if they need it, making clear that doing so is not a sign of weakness but a sign of strength, and that their careers will not be jeopardized if they make this courageous decision.*

*But there is still more work to do. In particular, we are losing too many of our men and women to suicide. The President has rightly challenged us to do even more to prevent suicide among service members, veterans, and military families, and the entire leadership of the Department of Defense shares his determination to put a stop to these tragedies. In the months ahead, the civilian and uniformed leadership of the Department will remain focused on implementing a comprehensive suicide prevention strategy to deal with this urgent and complex challenge.*

The DoD and Department of Veteran's Affairs have a Military Crisis Line and encourages military families, veterans and their loved ones to call 1-800-273-8255 to gain access to a specially trained and qualified responder.



# Sounding Off

What you need to know to keep you flying...

## *Use of thumb drives, portable devices not permitted on GOV computers*

REMINDER: The use of thumb drives and other easily portable devices that offer digital memory storage is banned on government computers. Why? These devices pose a very serious risk of viral intrusion into the Defense Department's Global Information Grid, which includes more than 17,000 local and regional networks and about seven million individual computers.

The term "portable devices" refers to memory sticks, thumb drives, flash memory cards such as XD, SD, Micro, Mini, CF, MS, etcetera, digital cameras, portable music players, personal digital assistants and smart phones.

All remaining removable media such as external hard drives, CDs or DVDs, and other various items can be used if the following policies are met: All removable media must be labeled with the appropriate security classification. Removable media such as external hard drives and CD/DVD reader/writer items must also be scanned with a virus scanner prior to use.

## *SGLI deductions occur monthly*

Guard members who experience a lapse in drill periods are reminded that, when they begin drilling again, any outstanding Servicemembers' Group Life Insurance premiums due will be automatically deducted from the next service pay.

The SGLI program offers term life insurance at affordable rates for members of the armed services. SGLI coverage is automatic; airmen don't have to apply for it. The current monthly cost of SGLI is \$26 for the maximum of \$400,000 of coverage (plus \$1 for Traumatic SGLI for a total cost of \$27). Servicemembers may choose less coverage at a rate of \$3.25 per month per \$50,000. This amount is automatically deducted from service pay each month.

Full-time SGLI coverage is in effect 365 days of the year for Guard members assigned to units in which they are scheduled to perform at least 12 periods of inactive duty that is creditable for retirement purposes. They are also covered for 120 days following separation or release from duty.

For more information on SGLI coverage, visit the Web site at <http://www.insurance.va.gov/sglisite> or contact the 193rd Special Operations Wing Force Support Squadron.

## Menu

### SATURDAY

#### Main Line:

Grilled steak  
Chicken Kiev  
Tri Potato medley  
Rice  
Carrots  
Asparagus

#### Snack Line

Hamburgers  
Cheeseburgers  
Hot dogs  
Baked beans

### SUNDAY

#### Main Line:

Lasagna  
Green beans  
Cauliflower

#### Snack Line:

Hamburgers  
Cheeseburgers  
Hot dogs  
Baked beans  
French fries



## ORI: Are you prepared?

